

# WELCOME TO PENSHURST ANGLICAN CHURCH

September 22, 2019

# “Freedom - Let it go!”



*“Don’t copy the behaviour and customs of this world, but let God transform you into a new person by changing the way you think. Then you will learn to know God’s will for you, which is good and pleasing and perfect.*

(Romans 12:2)



# Preaching program

## September Guest Speakers

|            |  |                                |
|------------|--|--------------------------------|
| 22<br>Sept | <b>“More Freedom - Letting go of shame”</b><br>(Shan and Elizabeth Ong– Combined Services) | Romans 12:1-2<br>Mark 14:66-72 |
|------------|--|--------------------------------|

Once again, we welcome **Shan and Elizabeth Ong** to our church. Shan is originally from Malaysia and Elizabeth is from Fiji. They have two daughters, Carise and Caitlin. Elizabeth has a social work background, and Shan is a Paediatrician who specialises in child development and behaviour. Their dream is to help people receive freedom in their lives... freedom from what holds them back from experiencing the victorious life that Jesus promised by experiencing the love of God that drives away fear and replaces it with peace and joy, so they can become the persons God has intended them to be.

### New Sermon Series

## “Christianity Explained”

7 Sermons on the Basics of the Christian Faith

|            |   |              |
|------------|---|--------------|
| 29<br>Sept | <b>1– What does it mean to be a Christian?</b>                  | Mark 2:13-17 |
| 6<br>Oct   | <b>2– Who is Jesus Christ? His Life</b><br>(preacher: Tiny Tse) | Mark 1:21-39 |

**Bilingual Choir**— A bilingual choir will be singing for us next Sunday. If you are interested in joining, please see Bart or Lucy.

**Church Camp!** This year’s church camp will be held from November 8-10 at the Tops Conference Centre, Stanwell Tops. Our speaker will be **Peter Steicke** and his theme is **“Something Better!”**

**Bottles and cans** — The money from bottle and can recycling helps to pay for resources to equip our Godly Play curriculum and hope to send five people to training in October. Keep those bottles and cans coming!



## 10:30 Combined Worship Roster

| Date   | Welcome        | Music Team  | Prayer         | Bible Reader | Counters        |
|--------|----------------|---|----------------|--------------|-----------------|
| 22-Sep | Phil, Gavin    | Team 4- Shirley, Gordon, Ray, Andrew, Nancy, Suganya, Leo, Eve          | Holy Communion | Chris        | Doris, Michelle |
| 29-Sep | Marina, Ronny  | Team 1- Brian, Stephen, Sam/Josh, Bart, Michelle H., Louise, Anna, Zoey | Gaye           | Andrew       | Michelle, Kwame |
| 6-Oct  | Saw See, Geoff | Team 2- Kat, Bing, Michael, Joseph, Michelle L., Millie, Lucy, WeiWei   | Merilyn        | Bing         | Kwame, Cliff    |

## Calendar of Upcoming Events

|                 |   |
|-----------------|---|
| Sun., Sept 22   | <b>Shan and Elizabeth Ong preach</b> (Combined services)    |
| Oct. 2 – Oct. 4 | <b>Godly Play Training</b> (Manly)                          |
| Oct 5–11        | <b>Bart away</b> for his daughter's wedding (Tiny preaches) |
| Sun., Oct 6     | <b>Daylight Savings Begins</b>                              |
| Sun., Oct 13    | <b>Sunday School Teachers Meeting</b> (12:30pm)             |
| Sun., Oct 27    | <b>Team Leaders Meeting</b>                                 |
| Nov 8-10        | <b>Church Camp</b>  |

## A Prayer for Freedom from Shame

We all have voices in our heads, and often these voices are echoing the lies that we have already allowed to enter our minds and personality and become a part of us. But with the truth, coupled with the blood of Jesus, we can reject and conquer each lie we have adopted into our identity. Here is a prayer to help bring freedom from shame.

*Abba Father, I can't seem to let go of my past. The shame I feel about how I've lived my life; the things I've done, and the guilt I feel as a result. Over the years I've held grudges and I suspect those I have wronged also are also holding them. I just can't seem to let go and break free of the guilt.*

*I surrender all to You, Lord. I know that I have already been forgiven. Now, may you renew my mind by Your Word and wash away my shame by the blood of Jesus. May I also be led by the Holy Spirit and not be controlled by my twisted emotions and false thinking. I declare that He is my Guide, my Comforter, my Deliverer, and as I read the Word and get a more meaningful understanding of Your will for me, may Your truth begin to change me from the inside out.*

*I also pray for the people who have been hurt by my feelings of shame and guilt, and, in the process, have been unable to forgive me. As I lift them up in prayer, may we eventually be reconciled through the intervention of Your Holy Spirit.*

*I want to also pray for anyone who (like me) feels a deep sense of guilt and shame. May they turn to You, Father, and be cleansed by Your grace. These mercies I ask in the precious name of my Lord and Saviour, Jesus Christ. AMEN!*

**Romans 8:1 – “There is therefore now no condemnation to those who are in Christ Jesus, who do not walk according to the flesh, but according to the Spirit.”**

**Psalm 34:5 - “Those who look to him are radiant, and their faces shall never be ashamed.”**

# Cell Groups at Penshurst Anglican Church

Our church calls itself a 'cell church', built upon the Biblical idea that the primary way that God's people can truly live out the Gospel is through small, intentional communities (called 'cells'). It is here where Jesus is given a far more intimate opportunity to do His work of transformation.

| <b>English-Speaking Cell Groups/</b> | <b>Day/time/frequency</b>    |
|--------------------------------------|------------------------------|
| Bart & Kim VandenHengel              | Tuesday/ 7:30pm/weekly       |
| Gaye Bishop                          | Tuesday/ 7:30pm/ fortnightly |
| Megan & Jeff Powys                   | Thursday/ 7:30pm/ weekly     |
| ReCharge! (University+ group)        | Thursday/ 8:00pm/ weekly     |
| PAC Youth Group                      | Friday/7:30-9:30pm/ weekly   |
| 'The Quiet Place' prayer meeting     | Sunday/7pm/weekly            |

If you are interested in joining one of these cells, you can either talk directly to one of the group leaders or to Bart for more guidance on which cell will fit you best. You may even want to start your own!

## **Sunday School:**

Our Sunday School program runs during the 10:30am service, and only during school term. There are four classes available, based roughly on a child's age and year at school:

- Ages 3-4      Coordinators: Will Sun (in upper classroom 2)
- Kindergarten      Coordinator: Naomi Zmo (in basement of hall)
- Primary      Coordinator: Andrew Ung (in upper classroom 1)
- Secondary      Coordinator: John Oakes (in Library)



## **Penshurst Anglican Church**

2 Carrington St, Penshurst, NSW 2222

**Senior Pastor:** Bart VandenHengel

**Assistant Pastor:** Aisen Ju

**Sunday Services:** 8am Prayer Book Service in English and Mandarin

10:30am Bi-lingual Celebration Service in English and Mandarin

6pm Celebration Service in English

### **Contact details:**

**Bart:** 9580 1217 or 0400 282 848

**Aisen:** 9585 2943 or 0433 315 745

**Website:** [www.penshurstanglican.org](http://www.penshurstanglican.org)

### **Internet Banking details: Westpac**

*St Johns General Fund*

Account BSB: 032167

Account No: 870821